

# Tiddly Cove Yacht Club Passage Island Race

## SAILING INSTRUCTIONS

### 1. RACE INSTRUCTIONS AND REQUIREMENTS

- 1.1 Races will be conducted in accordance with ISAF/CSA Rules 2013-2016, subject to alterations by PHRF, TCYC General Race Instructions, and these Sailing Instructions or by notification from race committee.
- 1.2 **Ratings:** Racers must hold a valid 2014 PHRF BC certificate. For those without ratings, a temporary rating may be assigned by the race committee. Such ratings will not be open to challenge.
- 1.3 Sail Numbers PIYA or fleet sail numbers must be displayed.
- 1.4 Any changes in the Sailing Instructions will be given verbally, or by written handout from the committee boat. If this is required, code flag L will be displayed.
- 1.5 Yachts must have on board a valid insurance certificate, available for inspection by the race committee, or other TCYC authorities.
- 1.6 **Non-TCYC Boats:**
  - 1.6.1 Non-TCYC boats wishing to race must have PHRF ratings between those of the fastest, and the slowest TCYC boats. Exceptions may be allowed at the discretion of the race committee.
  - 1.6.2 All Non-TCYC boats wishing to compete must complete and return a *Release and Indemnity* waiver form (downloadable from [www.tiddlycove.bc.ca/racing](http://www.tiddlycove.bc.ca/racing)) along with proof of adequate insurance, to the Fleet Captain by 6:00 p.m. on the day before race day.
  - 1.6.3 The race committee has the right to refuse boats from any TCYC-organized event without explanation.
- 1.7 Rule 52 is modified to allow boats racing single-handed to use auto-pilot or tiller-pilot.

### 2. SAFETY AND RESPONSIBILITY

- 2.1 **Safety Equipment:** Yachts must be equipped to conform to PIYA Safety Category III for all races.
  - 2.1.1 **Single Handed Racers:** Any participant sailing single-handed must wear their life-jacket at all times. A harnesses, tethers and jack-lines are strongly encouraged. Racers violating this rule will be scored DSQ.
- 2.2 **TCYC Responsibility:** At no time will TCYC, its Directors, Flag Officers, Sailing Committee or Race Committee(s) accept responsibility for accidents or misadventures.

- 2.3 **Skipper's Responsibility:** The decision to start or continue a race is the sole and exclusive responsibility of the skipper of a participating yacht. Responsibility for safety the safety of a yacht and her crew is the inescapable responsibility of the owner and skipper.
- 2.4 If **Code Flag "Y"** is displayed, skipper and crew are required to wear safety flotation gear.
- 2.5 **Inspection:** Any yacht participating in a TCYC race may be subject to a safety equipment inspection by the Race Committee.

## SIGNALS

- 3.1 Races will be started according to ISAF rules, i.e.
- 3.1.1 **5-min** warning: Division flag 1, or 2 or both (1 horn)
  - 3.1.2 **4-min** warning: Code flag P, I, or Black Flag (1 horn)
  - 3.1.3 **1-min** warning: Removal of P, I, or Black Flag (1 horn)
  - 3.1.4 **Start:** Removal of Division flag (1 horn -or 2 horns if boat(s) OCS)
- 3.2 (\*) A flag for the next division may be hoisted **at or after**, the previous start.
- 3.3 **Communications:** Radio communications with the Race Committee will be conducted on **VHF Channel 68**

## 4. DIVISIONS AND SPECIAL SIGNALS

- 4.1 **Divisions:** Yachts will be divided into *Racing Division* (Division 1), and *Cruising division* (Division 2) , based on the *Performance Value "PV"* ( $PV=(60-LOA)*5.4$ ). If your yacht has a PHRF faster than her PV, she is in *Racing Division*; otherwise she is in *Cruising Division*.
- 4.1.1 Crewed boats will be started separately before the single-handed boats, dependent on registration. The crewed start (for all crewed divisions) will be indicated with code flag 6.
  - 4.1.3 TCYC Fleet Championship: All boats in each division will be scored for the race. It should be noted that both crewed and singlehanded boats will accrue points towards the Sailor of the Year Award as well as the Fleet Championship.
- 4.2 A blue flag on the committee boat means that the committee boat is on station to take finishes.
- 4.3 **Kiss of the frog rule:** If it becomes obvious that one yacht will be last, with no opportunity of improving her position, the race committee may give a yacht a last place finish without requiring her to complete the course.
- 4.3.1 The committee will endeavor to notify the yacht by (a) calling her in on channel 68, (b) raising the kiss of-the-frog flag (green frog on white flag), and (c) sounding 3 horns.
  - 4.3.2 If it is apparent that the boat is trying to motor back to the start area, the committee may, at its discretion, wait for the boat to motor back or start the race in the absence of the boat.
- 4.4 **Before the start:** Each participating yacht shall hail the committee boat, on **VHF Channel 68** or by approaching to within hailing distance, giving sail number, boat name, rating and division at least 10 minutes before the warning signal for the first

start of the day. The committee is under no obligation to score yachts that fail to report in time.

- 4.5 **No Flying Sails:** Boats that are rated for spinnaker or cruising spinnaker, but wish to race “no flying sails” must hail the Race Committee to this effect, when checking in.
- 4.5.1 Any boat declaring “no flying sails” shall be scored in the division appropriate to its usual PHRF rating.
- 4.5.2 TCYC’s “no flying sails” allowance is 18 sec. unless there is a valid PHRF BC certificate indicating a different allowance. (See PHRF manual from *BC Sailing* for definition of flying sails and more information on the “NFS” allowance)
- 4.6 **Recalls:** Individual recalls will be signaled by the use of Code flag “X” and an “extra horn.” The committee will try to notify early starter(s), but assumes no responsibility for doing so. Boats may consider having their radios on channel 68 at the start.
- 4.7 **Retiring:** All yachts retiring from a race shall inform the Race committee via Channel 68 or by hail, as soon as possible.

## 5. START & COURSE

- 5.1 **Start & Finish:** The start/finish line shall be between an orange flag on the committee boat and a pin bearing an orange flag. The start will be in Area C, West of Kits Barge Can.
- 5.2 **Passage Island:** The only “mark” in the race is Passage Island. **Passage Island may be rounded from either direction.** This is a tactical choice so choose wisely.
- 5.3 **The time limit** for the race shall be 4:30PM. If one or more yachts in a division finish within the time limit, the time limit for that division will be extended 30 minutes. (Amends ISAF). See also, “Kiss of the Frog” rule, 4.3 above.
- 5.4 In the event of a **general recall**, boats should return to the start area immediately and watch flags for new indications.

## 6. PROTESTS AND PENALTIES

- 6.1 Protests must be filed in accordance with ISAF rules.
- 6.2 Protests must be announced to the race committee before the boat leaves the race area (if possible) and must be delivered to the fleet captain of TCYC by midnight of the race day.
- 6.3 Boats may be exonerated for hitting a mark by taking a one turn penalty and for right-of-way violations by taking a two-turns penalty.
- 6.4 **Filing a protest.** In protesting another yacht, all ISAF procedures must be followed, and the protest in writing and containing all the required information must be in the hands of the Fleet Captain by midnight of the race day.

## 7. SPORTING BEHAVIOUR

- 7.1. Skippers should understand that TCYC racing is primarily fun and secondarily competitive. Accordingly, skippers are required to sail in a sporting manner, and aggressive sailing in close-quarters situations is discouraged. Overly aggressive racing could lead to disqualification if such actions are judged to have compromised

the safety of other boats or crew or the general enjoyment of the event by all.  
Dangerous sailing will not be tolerated.

## **7. MAIN OBJECTIVE**

**This regatta is designed to provide skippers with the opportunity to practice their single-handed sailing skills. While crewed boats are indeed welcome, you are encouraged to race solo provided you feel confident in your skills and the weather conditions on race day.**